

## Quellen Ausgabe HS19II «Warum tust du das?»

### Adetorial:

- [https://de.wikipedia.org/wiki/Verhalten\\_\(Biologie\)](https://de.wikipedia.org/wiki/Verhalten_(Biologie)) 16.11.19

### HoPo-Kolumne:

- <https://ethz.ch/de/campus/entwickeln/hoenggerberg.html>
- Führung zum Masterplan «Campus Hönggerberg 2040» am 29.10.19

### Aufmerksamkeit:

- <https://www.happyneuronpro.com/about/lattention/>
- <https://www.elsevier.com/fr-fr/connect/psy/lattention-definition-et-quelques-concepts,-les-tests-dattention-spatiale>
- <https://www.welt.de/gesundheit/article163385045/Wie-das-Gehirn-auf-Schlafentzug-reagiert.html>
- <https://www.nzz.ch/wissenschaft/medizin/schlaf-ohne-erholung-1.18366083>
- <https://fr.wikipedia.org/wiki/Attention>
- → alle zuletzt besucht am 20.11.2019

### Propaganda:

- <https://www.britannica.com/topic/propaganda>
- <https://www.duden.de/rechtschreibung/Propaganda>
- Robert Ensor in David Thomson, ed., *The New Cambridge Modern History: volume XII The Era of Violence 1890–1945* (1st edition 1960), p 84.
- Bild: 'I Want You for U.S. Army' (c1917) by James Montgomery Flagg

### Schlaf:

- - <https://vseth.ethz.ch/wp-content/uploads/wiegETHs-Zwischenbericht.pdf> 13.11.19
- Siegel, J. M. 2009. Sleep viewed as a state of adaptive inactivity. *Nature Rev. Neurosci.* **10**, 747–753.
- <https://animals.howstuffworks.com/animal-facts/all-creatures-sleep.htm> 16.11.19
- Myers, D.G. 2008. Psychologie. Springer Medizin, Heidelberg.
- Diekelmann S, Born J. 2010. The memory function of sleep. *Nat Rev Neurosci* 11: 114-126
- Blanchard, J., Sawers, S.J. Comparative pharmacokinetics of caffeine in young and elderly men. *J Pharmacokinet Biopharm* 1983;11:109-26
- Shilo, L. et al. 2002. The effects of coffee consumption on sleep and melatonin secretion. *Sleep medicine*, 3, 271-273.
- Drake, C. et al. 2013. Caffeine effects on sleep taken 0, 3, or 6 hours before going to bed. *Journal of clinical sleep medicine*, Vol. 9(11), 1195-1200.
- Laxmi Chellappa, S. et al. 2011. Can light make us bright? Effects of light on sleep and cognition. *Progress in Brain Research*, Vol. 190, 119 – 133.
- Spiegel, K. et al. 2009. Effects of poor and short sleep on glucose metabolism and obesity risk. *Nature Reviews Endocrinology*, Vol. 5, 253-261.
- Huang, W. et al. 2011. Circadian rhythms, sleep and metabolism. *Journal of clinical investigation*, Vol. 121(6), 2133- 2141.
- Snel, J. and Lorist, M. M. 2011. Effects of caffeine on sleep and cognition. *Progress in Brain Research*, Vol. 190, 105-117.
- Stickgold, R. 2005. Sleep-dependent memory consolidation. *Nature*, vol. 437, 1272- 1278.
- Walker, M.P. and Stickgold, R. 2006. Sleep, memory and plasticity. *Annual Reviews Psychology*, vol. 57, 139-166.
- Bildquelle: Telegram Sticker "Pretty Lazy"

### Sucht:

- Bildquelle: [https://www.huffpost.com/entry/cats-catnip-high-photos-andrew-marttila\\_n\\_5b2d4a4be4b0321a01d102ba](https://www.huffpost.com/entry/cats-catnip-high-photos-andrew-marttila_n_5b2d4a4be4b0321a01d102ba)
- Allerlei Tiere auf Drogen: <http://www.animalcognition.org/2015/05/16/animal-drug-use/>

- Delfine: <https://www.independent.co.uk/environment/nature/dolphins-deliberately-get-high-on-puffer-fish-nerve-toxins-by-carefully-chewing-and-passing-them-9030126.html>
- Tiere auf Opium: <https://www.pharmaceutical-journal.com/opinion/comment/the-animal-world-has-its-junkies-too/11052360.article?firstPass=false>
- <https://www.livescience.com/26398-image-gallery-animals-on-drugs.html>
- Bienen: <https://savannahbee.com/blog/what-ever-became-of-the-drunken-bee>
- Meta-Studie zu Sucht bei Tieren: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3683998/>
- Rat-Park-Studie : <https://www.ncbi.nlm.nih.gov/pubmed/7291261>
- Alexander vor kanadischem Senat:  
<https://sencanada.ca/content/sen/committee/371/ille/presentation/alexander-e.htm>
- Kritik an Rat Park: <https://theoutline.com/post/2205/this-38-year-old-study-is-still-spreading-bad-ideas-about-addiction?zd=2&zi=5ivjb44s>

Spotify-Kolumne:

- <https://genius.com/Thegiornalisti-felicita-puttana-lyrics>
- <https://it.wikipedia.org/wiki/Thegiornalisti>
- <https://www.melty.it/thegiornalisti-l-intervista-a-tommaso-paradiso-per-l-indice-di-melty-a136262.html>
- Bildquellen: <https://www.cosmopolitan.com/it/lifestyle/musica/a27467303/thegiornalisti-maradona-pele-nuovo-singolo-tormentone/>
- Bildbeschriftung: Die Band Thegiornalisti, Bild: Massimiliano Romualdi

Schnitzeljagd:

- <https://ethz.ch/de/campus/erreichen/hoenggerberg.html>

Biokuriosum:

- Balter, M. 2010. Probing Culture's Secrets, from Capuchins to Children. *Science*, Vol. 329: 266–267. <https://science.sciencemag.org/content/329/5989/266>
- Perry, S. et al. 2003. Social Conventions in Wild White-faced Capuchin Monkeys. *Current Anthropology*, Vol. 44: 241–268.  
<https://www.journals.uchicago.edu/doi/full/10.1086/345825>
- Perry, S. 2011. Social traditions and social learning in capuchin monkeys (*Cebus*). *Philosophical Transactions of the Royal Society B*, Vol. 366: 988–996.  
<https://royalsocietypublishing.org/doi/full/10.1098/rstb.2010.0317#d3e324>
- Bildquellen Eye Poking: Susan Perry, aus Balter, M. 2010. Probing Culture's Secrets, from Capuchins to Children. *Science*, Vol. 329: 266–267.  
<https://science.sciencemag.org/content/329/5989/266>

Puns and Funs: An keinem der gezeigten Bilder besitzen wir die Rechte, gefunden wurden die hier gezeigten Bilder auf sozialen Plattformen, wie zum Beispiel Facebook, Pinterest, Twitter, Reddit oder 9Gag.